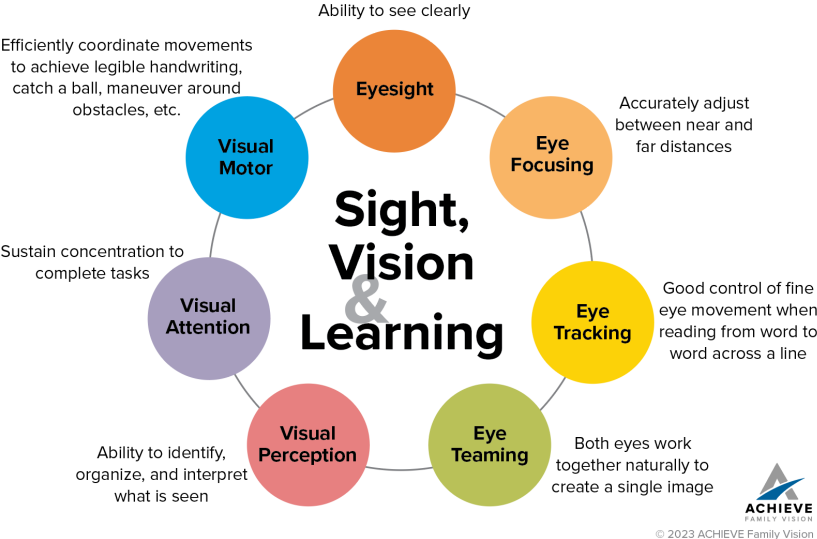


Common Eye Exams vs. Developmental Vision Evaluations

We've all experienced eye exams. Most optometrists check general eye health and our ability to see 20/20, then write a prescription for glasses or contact lenses as needed.

These eyesight elements of vision are important, but they only address a small portion of the overall picture of optimal visual health. We can have 20/20 eyesight and still experience significant vision-related issues that adversely affect our performance, learning, moods, physical abilities, behavior, and overall health.

There are seven areas that relate to visual sensory processing—only one of which is eyesight. Take a moment, beginning with “Eyesight” at the top of the chart below, then continuing in a clockwise rotation, and read each element along with its brief, accompanying description:



As you can see, vision is much more than 20/20 eyesight.

Developmental Vision Evaluations Uncover Critical Issues Missed by Basic Eye Exams

Developmental Vision Evaluations include everything found in basic eye exams plus much more that address concerns many parents don't realize may be vision-related, such as:

- Reversal of letters or numbers when reading
- Reading comprehension, even when a child can read all the words
- Recognition of patterns (sight word reading, spelling, and decoding)
- Behaviors often thought to be ADHD or Dyslexia...and more.

The root causes behind these and other struggles are missed in common eye exams.

Here's a look at what is covered in each type of exam or evaluation... ■ ■ ■ ►

■ ■ ■ **A common eye exam** (performed by most general optometrists and ophthalmologists) includes:

- Acuity (testing for 20/20 eyesight)
- Basic eye health evaluation
- A prescription for corrective lenses (if your eyesight is weaker than 20/20)

■ ■ ■ **A Developmental Vision Evaluation** administered by a neuro-developmental optometrist at ACHIEVE (the evaluation all our patients receive) includes:

- Acuity (testing for 20/20 eyesight)
- Advanced eye health evaluation
- Vision processing assessments, including:
Eye teaming, tracking, and focusing; peripheral vision, and depth perception
- Treatment options that go beyond corrective lenses to sustainably overcome vision-related learning challenges and improve vision for reading, writing, and sports
- When appropriate, a prescription that provides clear eyesight to work in concert with other visual functions to meet the demands of all facets of our busy lives
- Access to our network of providers (OT, auditory processing specialists, speech/language, reading tutors, mental health providers, etc.) who can address the other components of your child's difficulties with reading, writing, and learning

While common eye exams correct eyesight, they may or may not address a given patient's entire visual deficit. Developmental Vision Evaluations rule out other vision-related issues, giving patients and parents answers to core issues that may otherwise go unaddressed.

This is why, at ACHIEVE Family Vision, we only perform these complete evaluations. This is also one of the reasons local optometrists refer patients to us whose challenges aren't corrected by traditional glasses or contact lenses.

Get the peace of mind that comes from knowing you have the entire picture when it comes to your family's vision by scheduling your Developmental Vision Evaluations at ACHIEVE Family Vision.

When you're ready to find answers, we're here to help you uncover them.

We look forward to meeting you!

Sincerely,
The Doctors & Staff at ACHIEVE

To make an appointment, call our knowledgeable patient care coordinators today!

801.492.6393

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